



Diet and Oral Health Resources

Understanding Grain-Free Diets

Dr. Lori Drourr, a veterinary cardiologist, has written an [insightful article](#) explaining the link between grain-free diets and heart disease in dogs. Make sure your pet's food is **grain-inclusive!**

Why it matters: Choosing the right diet can significantly impact your pet's heart health and longevity.

Trusted Oral Health Products

The Veterinary Oral Health Council (VOHC) provides [lists of products](#) that are proven to help maintain your pet's oral health.

What you'll find:

- Two downloadable PDFs — one for dogs and one for cats
- VOHC-approved diets and dental products that our veterinarians trust and recommend

Custom Homemade Diets

Interested in preparing homemade meals for your pet? UC Davis offers a [fantastic free tool](#) to build a custom, nutritionally balanced diet tailored to your pet's needs.

We hope you find these resources helpful!

If you have any questions or would like to discuss your pet's diet in more detail, please don't hesitate to contact us.